

# Why should I get a meal plan?

## Variety

You won't find variety like this in your residence hall or apartment refrigerator! The Dining Services menu committee ensures that the new Knutson Campus Center offers an abundance of choices at 11 stations, including made-to-order deli sandwiches, soothing soups, refreshing salads and warming homestyle foods. You'll love our custom pizza freshly baked in our stone hearth oven, tasty burgers and fries from the grill, and regional and ethnic specials at our Explore food station. Just be sure to save room for homemade sweet treats and desserts!

## Special events

Instead of always cooking the same meals for yourself, let DS add variety to your eating. Don't miss out on great events like our traditional Thanksgiving and Christmas dinners, taste tests, guest chef events, theme dinners and special meals throughout the year.

## Healthy options

Take a look at all the ways we help you take care of your health:

- Diabetic? Vegetarian? Lactose intolerant? Dining Services has four registered dietitians to help with your special dietary needs.
- NetNutrition (<http://netnutrition.cord.edu>) allows you to quickly and easily view daily menus and nutritional analysis information.
- Our unique and easy-to-use nutrition and ingredient labels are posted above each menu item to help you make healthy choices when you're on the go.
- Bytes and Pieces blog (<http://blogs.cord.edu/bytes/>) features tips from dietitians, info on DS activities and special events, recipes, etc.

## Convenience

How would you rather spend your spare time: grocery shopping, cooking and cleaning up, or studying, relaxing and socializing? For less than \$15 a day, based on meal plan option C, we'll do all the work so you don't have to. Just swipe your card, come in and enjoy. Best of all, we'll do the dishes!

## Sense of community

Nothing brings people together like sharing a meal. Just like at home, some of the best discussions happen over a DS table. Relax in our beautiful dining room, take a break and recharge your body for another day of learning.

## Facilities and Hours

### Anderson Commons

Monday-Friday	
Early meal	7:30-10:30 a.m.
Mid meal	10:30 a.m.-4:30 p.m.
Late meal	4:30-7:30 p.m.

### Saturday-Sunday

Continental Breakfast	9:30-11 a.m.
Brunch	11 a.m.-1:30 p.m.
Dinner	5-6:30 p.m.

### The Maize

Monday-Friday	7:30 a.m.-midnight
Saturday-Sunday	10 a.m.-9 p.m.

### Korn Krib

Monday-Friday	9:30 a.m.-9 p.m.
Saturday-Sunday	1 p.m.-8 p.m.

### Coffee Stop

Monday-Friday	7 a.m.-9 p.m.
Saturday-Sunday	closed



## Dining Services mission statement

The purpose of Concordia College Dining Services is to accommodate the needs of our customers by providing quality, cost-effective meals and service in an appealing and caring environment.



For more information or to apply for a job, contact Dining Services at 218.299.3706, [diningservices@cord.edu](mailto:diningservices@cord.edu), or visit us online at [www.cord.edu/Studentlife/Housinganddining/diningservices1.php](http://www.cord.edu/Studentlife/Housinganddining/diningservices1.php).

# Dining Services Policies and Information



*See the light, taste the difference*

## Introduction

Concordia College Dining Services is college-owned and operated with a history of serving high-quality food at reasonable prices. Our meal plan rate is very competitive among comparable schools. We are committed to maintaining pleasant, courteous and efficient service. And we always welcome recipes or suggestions.



## Seven Areas of Dining Services

Anderson Commons – an all-you-care-to-eat venue featuring an excellent selection of entrees, salads, soups, pizza, regional specialties and dessert

The Maize – a short-order restaurant specializing in grilled items, pizza, sandwiches, beverages, gourmet coffee and espresso

Korn Krib – an extended line of grocery items, bottled beverages, grab-n-go items including pre-made sandwiches and salads, and candy

Concessions – sells food during athletic and cultural events on campus

Vending – sells soda, juice and snacks from machines throughout campus

Catering – provides take-out service, deliveries and full-service catering

Coffee Stop – features a full selection of gourmet beverages such as lattes, mochas, cappuccinos and freshly brewed coffees. Fresh bakery items also available.

## Catering

Catering has an extensive menu and, for a nominal fee, can provide catering services to student organizations for special functions. We provide special dinners, luncheons, breakfasts, breaks, receptions, box lunches, picnics and takeout services. Reservations should be made two weeks prior to the scheduled event. For more information, contact the catering manager at 299.3706, e-mail [catering@cord.edu](mailto:catering@cord.edu) or stop by the Dining Services Office.

## Residential Dining

Our menus are designed to please as many customers as possible. Daily menus are posted in the dining center and online. Residential Dining is an all-you-care-to-eat venue. We ask for your help in minimizing food waste by taking only one serving first and returning for seconds. Students with special dietary needs should contact the dietitian at 299.3706 for assistance.



## Class and athletic bag lunches

Qualified students (those with any active meal plan option) unable to eat during regular meal periods (having less than 30 minutes between classes) may obtain a bag meal. Bag meals for athletic or academic teams must be ordered by the coach and are available for students with meal plan option A or B. Students who have registered for bag meals are not authorized to eat that meal in the dining center. Doing so will result in being charged for the full cost of both meals.

## 2008-09 Meal plan options

All resident students are required to choose one of the following options. First-year and second-year students may choose from options A, B or C. Upperclass students may choose from options A, B, C or D. Nonresident and campus apartment students may elect to participate in any of the following options. Meal plan contracts are valid for the entire academic year.

Option A — Constant pass with unlimited access to Residential Dining, plus \$120 Dining Dollars per year. Cost: \$3,950 per year

Option B — Up to 21 meals per week, plus \$120 Dining Dollars per year. Cost: \$3,650 per year

Option C — Up to 14 meals per week, plus \$220 Dining Dollars per year. Cost: \$3,400 per year

Option D — Up to five meals per week, plus \$450 Dining Dollars per year. Cost: \$2,000 per year

Option E — 50 meal tickets (No Dining Dollars included. Available only to nonresident students.) Cost: \$460

Dining Dollars are account funds specifically for purchasing food in Residential Dining, The Maize, the Korn Krib, concession stands and select vending machines using your ID card. The Dining Dollars account deposit is part of your meal plan and is nonrefundable. First-semester funds will roll into the second semester unless the meal plan is canceled. Dining Dollars left at the end of the academic year will be forfeited.



## Cost

Dining Services is entirely self-sustaining and receives no subsidy. A portion of each student's meal plan fee is allocated to Dining Services to cover expenses of the program including food, labor, supplies, maintenance, replacements and repairs. Each participant with a meal plan has a vested "partnership" in the program. To protect the partnership and get more for your dollar, each meal plan participant should help eliminate unnecessary expenses in the program.

Three particular areas in which customers can help are to:

1. Stop others who are eating without paying.
2. Stop others from stealing food, supplies and dishes.
3. Minimize food and paper waste by taking only reasonable portions and returning for seconds if desired.

## Dining room policies

No one is allowed into Residential Dining during meal periods without an authorized ID or cash payment. Once students leave the dining room, they are not permitted to re-enter unless they have more available meals or funds. Public regulations require that shoes and shirts be worn at all times in all Dining Services facilities. Inline skates are not permitted.

All college social policies are enforced in the dining areas. Therefore, people observed creating a disturbance, throwing food, harassing others, standing on tables or chairs, hazing, entering through unauthorized entrances for meals, stealing food or other items, or behaving in any manner the management regards as inappropriate will have their IDs confiscated and will be subject to disciplinary action. Carrying food items out is only permitted at The Maize and the Korn Krib. No food may be taken out of Residential Dining. Any complaint or suspected violation should be relayed to the Dining Services management team.

## Meal plan and ID regulations

Meal plans provide the opportunity for students to eat up to three meals a day at Residential Dining during scheduled dining hours. Only one meal is allowed during each of the scheduled meal periods, with the exception of option A (a constant pass meal plan) and option E (50 meal passes).

Admission to Residential Dining is permitted with the presentation of a valid ID, cash payment, Dining Dollars or Cobber Cash. All Concordia IDs are owned by Concordia College Dining Services and are nontransferable.

IDs will be confiscated and penalties assessed if:

- ✘ IDs are used by anyone other than the person to whom they are issued
- ✘ A customer enters a facility or eats using an invalid ID
- ✘ An ID is altered or tampered with in any way
- ✘ A customer enters a facility through an unauthorized entrance
- ✘ A customer does not adhere to policies of Dining Services

The names and ID numbers of violators will be computer checked and recorded on an incident report. Violators may have penalties levied against them. If someone attempts to use another student's ID or if a student attempts to help someone gain illegal access to the dining center, penalties may be levied against both individuals.

## ID replacement

Please report lost IDs to Dining Services immediately. A temporary ID may be obtained with a \$5 deposit during facility hours at the Residential Dining Center entrance. A temporary ID is valid for one week. Upon return of the temporary ID to the checker at Residential Dining, \$3 will be refunded. If the ID is not found, a new ID can be purchased for \$10, with a \$5 credit once returned. The temporary ID must be returned within seven days or a charge will be issued for its replacement.



## Sick tray service

When students cannot come to the dining center because of illness or injury, they should notify their Resident Assistant (RA), who will fill out an authorization slip to have a special food tray brought to their rooms. The slip should designate illness or injury, because this dictates which menu items will be served. To help expedite the process, the RA, or someone they designate, should call Dining Services to make arrangements with either the supervisor on duty or the student manager. The authorization slip and the ill or injured student's ID must be taken to the dining center to pick up the tray.

## Guest meals

Student meal plan options A through D have the added feature of 10 guest meal passes per semester to purchase a meal for a guest. These 10 passes are to be used at your discretion throughout each semester. This feature is not for the student to use when they have exceeded their own meals.