

2008-2009

# GRITS

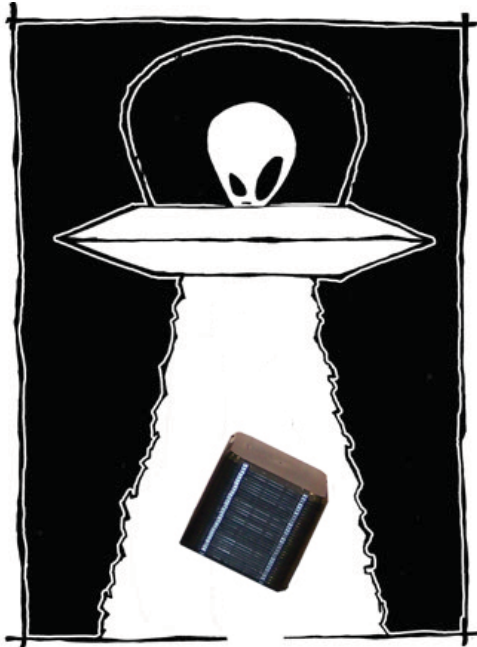
Keeping Cobber Ears Tuned In

Concordia College

Vol 2

## Aliens Abduct Trays From Anderson Commons!!!

Students arrived in Anderson Commons this past September to discover the trays had mysteriously vanished from the building. The confusion was settled when a third year Cobber emerged as an eye-witness to the abduction of the trays.



“I saw what looked like an alien craft coming toward Concordia. I fell over when the craft began to hover above Anderson!!!” exclaimed a third year Cobber eyewitness. “I saw something floating out of the front door and then I passed out.”

After much debate, Dining Services officials decided to continue serving food, counting on plates and bowls to suffice.

D.S. employees began to notice that less food was being thrown away and started keeping track of the reduction in food waste. D.S. saw a reduction of over 100 pounds of food each day the trays were missing. Water, electricity, chemicals and energy were also saved when the trays were abducted.

Two days later, the aliens returned the trays to D.S. on their way out of the universe. D.S. officials hope guests in Anderson continue to choose to go without trays in order to reduce unnecessary food waste.

For more information about the tray abduction, see the checker stand or visit [www.cord.edu](http://www.cord.edu) and search for DS sustainability.



## Jump Start Your Spring Break

Spring break isn't far away. Jump start the fun by working for Dining Services! Getting a job on campus is a great way to earn extra money that you can spend during break.

- \* earn \$7.55 an hour!
- \* holidays and breaks off
- \* opportunities for advancement
- \* schedule flexibility
- \* choose from:
  - Anderson
  - The Maize
  - Korn Krib
  - Coffee Stop
  - Concessions
  - Catering

# Star Sighting



Klements Racing Sausages Dash Through Dining Services



## Local Foods Cause Extreme Excitement

Dining Services has been incorporating more local food into the menu in Anderson Commons. Student reaction has been nothing short of extreme excitement. In fact, sources say many cheerleaders have been missing practice in order to lead cheers in Anderson.

“We couldn’t stand by and let students lead uncoordinated cheers on their own. We had to help out and make sure the cheers were all they could be and more,” said a Cobber cheerleader.

Dining Services officials say they love the extreme excitement coming from cheerleaders and students. “We encourage students to continue to eat local foods and know where your food is coming from,” said a DS representative.

Look for local foods signs in Anderson the next time you stop in for breakfast, lunch or dinner. Cheering welcomed.

## Why Local?



Better Flavor  
Know What You’re Eating  
Learn About Your Area  
Discover New Flavors  
Support Small Farms  
Give Back to the Local Economy  
Be Healthy  
Fresh



A regional diet consumes 17 times less oil and gas than a typical diet based on food shipped across the country.

# Santa Makes Extra Stop



It's the perfect time of year to indulge your sweet tooth. Catering by Concordia is baking up some home style, made-from-scratch desserts that will be the perfect addition to your holiday meals.

"I wasn't sure what to do for my family this holiday season, so I decided to bring home a pie from school. My parents were so thrilled that I'm sure Santa will make an extra stop at my house this year," said a second year Cobber.

Find out more about the holiday bake sale at [www.concordiacollege.edu/ds](http://www.concordiacollege.edu/ds) or by calling 299-3706.

## Students Change DS Through Facebook

Facebook has revolutionized the way college students communicate and voice their opinions. Instead of taking the time to fill in comment cards or find a manager, students can now voice their opinions on Facebook.

A few of the recent changes that have been made because of Facebook comments include:

- The addition of apple cider in the Coffee Stop
- Salad dressing voting
- Spice bar added in Anderson Commons
- Complete nutrition and ingredient information at each station in A.C.
- More fresh fruit in The Maize, Korn Krib and A.C.

If you have a comment, suggestion or compliment for Dining Services make sure to join the D.S. Input group on Facebook!

Have suggestions specifically geared toward foods for those with intolerances? Check out the D.S. Food Allergy & Intolerances Group.

**D.S. used 19,980 pounds of ground beef last year**

***The Secrets They Don't Want You To Know!***

**Learn all of the nutrition, exercise, and healthy living tips they have been keeping from you!**

**[blogs.cord.edu/bytes](http://blogs.cord.edu/bytes)**

# Grandma Diagnosed With why-does-my-grandkid-like-D.S.-food-better-itis Families Brace for Change at Holiday Meals



In the midst of the fall holiday season, an epidemic is spreading throughout the region. Grandma's everywhere are suffering from why-does-my-grandkid-like-D.S.-food-better-itis.

"I just don't know how to compete with D.S., especially for holiday meals," sobbed one Grandma.

Students with meal plans are encouraging their family members to come eat their holiday dinner in D.S. rather than at home. "Once I ate in Anderson I decided I don't want to eat at Grandma's anymore. I have guest passes so it makes more sense for my family to have holiday dinner here at Concordia," said one Cobber.

## Holiday Meals in Anderson Commons

### Thanksgiving Dinner November 13

Guest Turkey Carvers  
Include:  
Ed Schmoll, Wayne  
Flack, Jordan Sing,  
Peggy Torrance, Drew  
Rutherford, Timothy  
Megorden and Searle  
Swedlund

### Christmas Dinner December 9

The Christmas dinner  
entree was decided by  
a vote that took place  
Nov 4 in A.C.

## Dining Services Races to Give Back with Meals On Wheels

Elderly residents of the Fargo-Moorhead community are able to have high-quality nutritious meals thanks to Dining Services and Meals on Wheels. Dining Services prepares meals that are delivered to over 300 people throughout the community 365 days a year.

Senior citizens who receive Meals on Wheels are in need of assistance because of limited income and/or limited mobility. Meals on Wheels delivery also gives these community members a chance to socialize with their delivery volunteer or at congregate senior meal sites.

"We feel extremely lucky that we are able to be a part of such a great organization. The meals we prepare mean that elderly community members can stay in their homes rather than move to a nursing home," said Vanessa Berg, Contract Manager for Dining Services.

*It starts with you...*  
**Give Back**

## D.S. Shorts



- Dietetic Interns in Dining Services move on to next stage of internship
- ChicoBags featured on WDAY
- Dining Services environmentally friendly initiatives featured on WDAY and in On Campus Hospitality magazine
- Dietetic Intern featured in On Campus Hospitality and the Champlin-Dayton Press for her travels to Uganda
- D.S. featured in Food Service Director magazine for use of local foods.