

**CONCORDIA COLLEGE – MOORHEAD MN**  
**Physical Education Major (K-12)**

Completion of the following allows students to seek a license  
 In Minnesota as a teacher of Physical Education major, Grades K-12  
 Courses fulfill standards for 8710.4700

Course Number	Course Name	Concordia Course Credit	Semester Hours
<b>Required Physical Education Courses:</b>			
P ED 230	Motor Development	.50	2 semester hours
P ED 231	Teaching Motor Skills	.50	2 semester hours
P ED 242	Introduction to Physical Education	1.0	4 semester hours
P ED 251	Adapted Physical Education	.50	2 semester hours
P ED 252	Prevention and Care of Sport-related Injuries	.50	2 semester hours
P ED 317	Teaching Assistant in PE 112	.25	1 semester hour
P ED 350	Biomechanics of Human Motion	.50	4 semester hours
P ED 362	Fitness Assessment	.50	2 semester hours
P ED 421	Senior Seminar in Health and Physical Educ	.25	1 semester hour
<b>Required Health Courses:</b>			
HLTH 141	Personal and Social Health	1.0	4 semester hours
HLTH 143	First Aid: Emergency Response	.50	2 semester hours
<b>Other Required Courses:</b>			
BIOL 101	General Biology	1.0	4 semester hours
BIOL 306	Human Anatomy and Physiology	1.0	4 semester hours
FNS 321	Nutrition	1.0	4 semester hours
<b>Required Methods Courses:</b>			
P ED 321	Teaching Methods (K-12) and Curriculum for Physical Education	1.0	4 semester hours

<b>Education Requirements:</b>			
PSYC 212	Educational Psychology	1.0	4 semester hours
EDUC 210	Foundations in K-12 Education	.50	2 semester hours
EDUC 221	Teaching in the Middle School	.50	2 semester hours
EDUC 350	The Art and Science of Teaching	.50	2 semester hours
EDUC 351	Ecology of the Educational Setting	.50	2 semester hours
EDUC 399	Orientation to Student Teaching	0	0 semester hours
EDUC 420	Knowledge, Literacy and Inquiry	.50	2 semester hours
EDUC 425	Education of the Exceptional Child	.50	2 semester hours
EDUC 439	Human Relations	.50	2 semester hours
EDUC 495	Student Teaching	2.50	10 semester hours